

| Subject | No Guide | Written Guide Criteria | W.G. & Parent Ed. |
|---|----------|------------------------|-------------------|
| <p>1. Food Quality Standards</p> <p>Food served aligns with PFI standards</p> | | | |
| <p>2. Environmental Stewardship</p> <p>Center uses recycleable or durable utensils & dishes</p> <p>Center has a recycling program in place</p> | | | |

| Subject | No Action | Talk About | Some Action | Much Action |
|--|-----------|------------|-------------|-------------|
| <p>3. Physical Activities</p> <p>Policy/practices about outdoor programming are in operation</p> <p>Substantial outdoor time is available to children <i>(minimum 1 hr. for Half Day / 2 hrs. for Full Day)</i></p> <p>Program supports children’s physical activity through varied activities</p> <p>Teachers are physically active w/children</p> | | | | |
| <p>4. Hydration</p> <p>Drinking water is readily available indoors and out; older children help themselves</p> <p>Drinking water is encouraged</p> | | | | |
| <p>5. Gardens</p> <p>Year-round garden which provides food for consumption is in place</p> <p>Garden related curriculum provided year long</p> <p>Gardens (& soil) are pesticide/chemical free</p> | | | | |