

# Orfalea Foundation- SFI

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Recipe Sizing Report

Sep 13, 2013

## 000188 - School Food BBQPork Sandwiches :

HACCP Process: #3 Complex Food Preparation

Number of Portions: 36

Size of Portions: 2.25 oz serving

000189R School Food BBQ Pork.....	5 1/4 Lbs
018351 ROLLS,HAMBURGER OR HOTDOG,MIXED-GRAIN..	36 roll(s)

Pre-heat convection oven to 350°F. (400°F. for conventional oven)

1. Re-heat covered hotel pan(s) of BBQ pork until it reaches an internal temperature of 165° F for fifteen seconds..
2. Toast or warm hamburger bun or roll in sheet pan lined with parchment paper
3. Serve immediately on the warmed bun/roll or hold the BBQ according to HACCP SOP and construct sandwiches to order.  
**CCP:** Hold at 135° F or higher.

### EQUIPMENT:

Hotel pan(s) and lids

Parchment-lined sheet pan(s)

1-2 oz. spoodle

\*Nutrients are based upon 1 Portion Size (2.25 oz serving)

Calories	145 kcal	Cholesterol	0 mg	Protein	4.63 g	Calcium	49.97 mg	17.84%	Calories from Total Fat
Total Fat	2.87 g	Sodium	256 mg	Vitamin A	21.7 RE	Iron	1.90 mg	3.97%	Calories from Sat Fat
Sat Fat	0.64 g	Carbs	26.82 g	Vitamin A	198.3 IU	Water <sup>1</sup>	*35.89* g	*0.00%*	Calories from Trans Fat
Trans Fat <sup>1</sup>	*0.00* g	D. Fiber	1.82 g	Vitamin C	3.8 mg	Ash <sup>1</sup>	*1.72* g	73.99%	Calories from Carbs
								12.77%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.