

Orfalea Foundation- SFI

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Recipe Sizing Report

Aug 19, 2013

000134 - School Food Ital. Vinaigrette :

HACCP Process: #1 No Cook

Number of Portions: 128

Size of Portions: FL OZ

002048 VINEGAR,CIDER.....	1 qt
011215 GARLIC,RAW.....	1/2 cup
002047 SALT.....	1 Tbsp
901080 DIJON MUSTARD-FRANCE..	1/2 cup
002030 PEPPER.....	1/2 Tbsp
002029 PARSLEY,DRIED.....	1/4 cup
002003 BASIL, DRY.....	1/4 CUP (leaves)
050384 OIL, VEGETABLE.....	2 qts + 3 cups

1. Mince garlic (use whole garlic cloves if using immersion blender).
2. Combine all of the ingredients and whisk together or alternatively use an immersion blender to combine.

Dry herbs, salt and pepper can be pre-measured into kits ahead of time

EQUIPMENT:

1-Cambro container, appropriately sized for mixing and storage

1-Lid for cambro

1-Large whisk or immersion blender

1-Liquid measuring cup, cup, quart

1-Dry measuring cups, full set

1-Measuring spoons, full set

1-Rubber spatula

*Nutrients are based upon 1 Portion Size (FL OZ)

Calories	170	kcal	Cholesterol	0	mg	Protein	0.06	g	Calcium	3.63	mg	99.61%	Calories from Total Fat
Total Fat	18.84	g	Sodium	80	mg	Vitamin A	1.7	RE	Iron	0.10	mg	15.12%	Calories from Sat Fat
Sat Fat	2.86	g	Carbs	0.32	g	Vitamin A	1.6	IU	Water ¹	*7.33*	g	*0.00%*	Calories from Trans Fat
Trans Fat ¹	*0.00*	g	D. Fiber	0.05	g	Vitamin C	0.2	mg	Ash ¹	*0.18*	g	0.74%	Calories from Carbs
												0.15%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.