

Orfalea Foundation- SFI

Page 1

Recipe Sizing Report

Aug 19, 2013

000141 - School Food SW Lasagna Sauce :

HACCP Process: #1 No Cook

Number of Portions: 128

Size of Portions: Oz

900073 SAUCE,NESTLE,ORTEGA ENCHILADA SAUCE,RTS...	1 lb + 6 ozs
011547 TOMATO, PUREE, CAN.....	1 #10 Can
901031 CUMIN,GROUND.....	2 Tbsp
002009 CHILI POWDER.....	3/4 cup
901563 OREGANO LEAVES,DRIED.....	2 TSP (leaves)
002026 ONION POWDER.....	2 tsp
002020 GARLIC POWDER.....	1 Tbsp
002047 SALT.....	2 Tbsp
002030 PEPPER.....	2 Tbsp

1. Measure and place all ingredients into a 20 qt cambro container and blend with the immersion blender.

2. Use immediately or store under refrigeration according to HACCP procedures.

CCP: Cool to 70° F within 2 hours and from 70° F to 41° F or lower within an additional 4 Hours

EQUIPMENT:

1-Scale (digital for smaller volume)

1-Dry measuring cups, full set

1-Measuring spoons, full set

1-Rubber Spatula

1-Cambro container, 20 qt (adjust for volume)

1-Immersion blender

*Nutrients are based upon 1 Portion Size (Oz)

Calories	14 kcal	Cholesterol	0 mg	Protein	0.60 g	Calcium	9.59 mg	17.14%	Calories from Total Fat
Total Fat	0.27 g	Sodium	141 mg	Vitamin A	56.9 RE	Iron	0.68 mg	2.62%	Calories from Sat Fat
Sat Fat	0.04 g	Carbs	2.99 g	Vitamin A	351.1 IU	Water ¹	25.05 g	*N/A%*	Calories from Trans Fat
Trans Fat ¹	*N/A* g	D. Fiber	0.79 g	Vitamin C	2.9 mg	Ash ¹	0.75 g	83.04%	Calories from Carbs
								16.65%	Calories from Protein

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Page 2

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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

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